



## What is The Truth About Me?

<p><b>Our old ‘programming’ – How I FEEL/THINK about myself. I renounce the LIE that:</b></p>	<p><b>What is TRUE about me. What GOD’S WORD Says About Me. This is TRUTH!! I declare the Truth that IN CHRIST:</b></p>
I am unlovable.	<b>I AM VERY LOVED!</b> John 15:9; Rom. 8:35-39; Eph. 2:4-6; I John 3:1a, 4:10, 10
I am unacceptable.	<b>I AM ACCEPTED!</b> John 15:15-16; Eph. 1:3-6
I am unworthy.	<b>I AM RIGHTEOUS!</b> Rom. 8:31-34; I Cor. 6:19-20; II Cor. 5:21
I am inadequate.	<b>I AM ADEQUATE!</b> II Cor. 2:14; 3:5-6; 12:9; Phil. 4:13
I am a failure.	<b>I AM VICTORIOUS!</b> Rom. 8:37; II Cor. 2:14; I John 5:4
I am fearful.	<b>I AM FREE FROM FEAR!</b> Ps. 4:8; 27:1; 32:7; II Tim. 1:7; I John 4:18
I am anxious.	<b>I AM CONTENT!</b> Ps. 4:8; 37:5; Phil.4:6-7, 11; Heb. 13:5; I Pet. 5:7
I am weak.	<b>I AM STRONG IN CHRIST!</b> Acts 1:8; II Cor. 12:9-10; Eph. 1:19; 3:16; Phil. 4:13
I am not very smart or good enough.	<b>I HAVE GOD’S WISDOM!</b> John 15:15; 16:13-14; I Cor. 1:30; James 1:5; I John 2:20-21, 27
I am in bondage.	<b>I AM FREE!</b> John 8:32, 36; II Cor. 3:17; Gal. 5:1, 13a
I am unwanted and belong to no one.	<b>I HAVE BEEN ADOPTED BY GOD AND AM HIS CHILD!</b> Rom. 8:16, 17; Gal.4:5-7; I John 3:2
I feel guilty.	<b>I AM TOTALLY FORGIVEN!</b> Eph. 1:7; 2:13; Col. 1:14
I am depressed	<b>I HAVE THE JOY OF THE LORD!</b> John 15:11; 17:13; Rom. 15:13; I John 1:4
There is nothing special about me.	<b>I HAVE BEEN CHOSEN, SET APART BY GOD!</b> John 15:16; I Cor. 1:30; 6:11; I Peter 2:9
I am hopeless.	<b>I HAVE ALL THE HOPE I NEED!</b> Rom. 8:20-25; 15:4, 13; Col. 1:26-27; I Peter 1:3
I feel condemned.	<b>I AM BLAMELESS!</b> John 3:18; 5:24; Rom. 8:1
I am alone.	<b>I AM NEVER ALONE!</b> Rom. 8:38-39; Heb. 13:5
I can’t reach God.	<b>I HAVE ACCESS TO GOD ---- anytime!</b> Eph. 2:18; Heb. 4:14-16; I Peter 2:5, 9; I John 5:14-15
I am afraid of Satan.	<b>I HAVE AUTHORITY OVER SATAN!</b> Col. 1:13; I John 4:4; Rev. 12:7-11
I have no confidence.	<b>I HAVE ALL THE CONFIDENCE I NEED!</b> Prov.3:26; 14:26; 28:1; Eph. 3:12; Phil. 1:6; Heb. 10:19; I John 5:14

I am a temple in which God’s Holy Spirit dwells. (1 Cor. 6:19; 2 Tim. 1:14)

*Adapted from writings of Neil Anderson*